

### What can I buy with FoodShare benefits?

It's your choice. FoodShare benefits can be used to buy:

- Breads and cereals
- Fruits and vegetables
- Meats, fish, and poultry
- Dairy products
- Plants and seeds to grow food for your family

### How do I use my benefits to buy food?

FoodShare benefits come on a plastic card, called the Wisconsin QUEST card. You use this card just like a bank card.



### Where can I use the QUEST card?

You can use the QUEST card at most grocery stores and convenience stores that take part in FoodShare. Other places you may be able to use your benefits are:

- Some farmers markets
- Group meal sites for senior citizens
- Meals-on-Wheels
- SHARE Wisconsin (a non-profit food buying club with many different sites in Wisconsin)

Questions? Call 1-800-362-3002  
or go to [dhs.wi.gov/em/customerhelp](https://dhs.wi.gov/em/customerhelp).



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State of Wisconsin  
Department of Health Services

P-16063 (02/12)

# FoodShare Makes Wisconsin Healthier





### What is FoodShare Wisconsin?

FoodShare Wisconsin, also known as SNAP, helps people with limited income to buy food.

### Who can get FoodShare benefits?

- Seniors
- Single Adults
- Families
- People with Disabilities
- Qualifying Immigrants

If you cannot get FoodShare benefits due to citizenship, family members born in the United States may be able to. Getting FoodShare will not count against you if you want to become a citizen.

### Did you know?

- Everyone can apply for FoodShare and anyone who meets the program rules will get benefits.
- There is not a limit on the amount of people who can get FoodShare benefits. If you get benefits, you are not taking benefits away from others.
- You can own a home and a car and still get FoodShare benefits.
- Most people who get FoodShare are employed.
- You will not lose any health care benefits.
- You will not be referred to the Child Support Agency.

### Will I have to give my Social Security Number?

Everyone who wants benefits must give his/her Social Security Number. If you do not have one and you want benefits, you will need to apply for one.

### How much income can I have?

You may be able to enroll in FoodShare if all of your family's income is under the FoodShare limit.

You will need to list all of your family's income. Some examples of income are:

- Job income/wages
- Self-employment income
- Disability Income
- Social Security Income
- Veterans Benefits
- Unemployment Insurance

### How much will I get?

The amount of FoodShare benefits you get is based on your income and household size. The average monthly FoodShare amount per two parent household with income of \$2,000 per month is \$384. The minimum amount is \$16.

If you want to see if you might be able to get benefits before you apply, you can go to [access.wi.gov](http://access.wi.gov) and click on "Am I Eligible". This is a quick screening tool that can tell you if you may be able to get benefits and how much. It is not an application so you will still need to apply to get benefits.

### Can I get help finding a job?

You do not have to enroll in job training to get FoodShare benefits. However, if you want to enroll in the FoodShare Employment and Training program you may be able to get job training and help finding a job for free. To get the address or phone number of your local agency, call 1-800-362-3002.

### How can I apply?

You can apply online at [access.wi.gov](http://access.wi.gov) or with your agency. Once you have submitted your application, you will need to talk with an agency worker. Interviews are done by phone or in person — it is your choice. If you are unable to pay your bills and buy nutritious food for your family, you should apply!

*Community organizations are able to help you apply. See if there is one in your area at [dhs.wi.gov/em/customerhelp](http://dhs.wi.gov/em/customerhelp).*

